



Co-Curricular Activities Programme

Mr. Foo Yong Howe
HOD PE/CCA

[Current concerns]

- Boys & Parents may not understand the implications of LEAPS grading system
- Boys are not resilient and committed for 75% attendance
- Boys tend to change CCAs when they face a problem instead of working it out
- Clashes with tuition / external activities?
- The demanding lifestyle of CCAs & Academic Excellence

[POLICY]

- All students must be actively involved (75%) in at least one CCA, failing which they will get a “FAIR” grade for their conduct.
- Each student must participate in one of the 22 CCAs. Why?
- Participation in CCA should be CONTINUOUS and preferably UNCHANGED throughout the four or five years they are in school. All Sec Ones must be committed in their core CCA for at least 2 years. Why?

[CCA POINTS]

- Awarded for students' participation and achievement, involvement in CCAs.
- Part of School Graduation Certificate (SGC) It can be used in applications for scholarships and bursaries, and for admission to junior colleges and polytechnics. (2 Bonus Pts – *Poly Courses + DSA)

CCA GRADING (4 - YEAR SECONDARY COURSE)

MARKS	GRADE	BONUS POINTS
25 & over	A1	2
20 - 24	A2	2
16 - 19	B3	1
13 - 15	B4	1
10 - 12	C5	1
8 - 9	C6	1
4 - 7	D7	0
1 - 3	E8	0
0	U	0

[LEAPS]

- **L** EADERSHIP (Max: 12pts)
 - Awarded for leadership roles such as
 - Sports Leaders, Class Chairmen, SLC;
 - Members of the Uniformed Groups;
 - Office-Bearers of Clubs and Societies;
 - Section Leaders and Conductors of performing groups.

[LEAPS]

- **E**nrichment (Max: 3 pts)
 - Awarded for completion of CDP modules within the 4 to 5 secondary school years.
 - Enterprise;
 - Citizenship; and
 - Personal & Lifeskills

[LEAPS]

- **A**chievement (Max: 15pts)
 - Awarded for high standard of performance in CCAs.
 - Representation;
 - Accomplishment; and
 - Attainment

[LEAPS]

- **P**articipation (Max: 10pts)
 - Awarded for participation in
 - ONE CCA with minimum 75% attendance yields 1pt / year so 4 yrs = 4pts;
 - SYF Opening Ceremony & NDP; and
 - intra-school activities

[LEAPS]

- **S**ervice (Max: 5pts >100hrs >24hrs = 1pt)
 - Awarded for involvement in community services according to the total number of hours spent in community service over the 4 to 5 secondary school years.

INTEREST GROUPS

- Chess
- Triathlon
- Biking
- Sailing
- Extreme Sports

CCA TRAINING SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1.30 to 2pm						
2 to 2.30pm						
2.30 to 3pm						Scouts 8-12noon (alternate Sat)
3 to 3.30pm	T a b l e r	V o c a l	S o c c e r	T a b l e r	G u i t a r	U n i o n
3.30 to 4pm	B a d m i n t o n	K a r a t e	F l o c k e r	B a d m i n t o n	V o c a l	D r o f t b a l l
4 to 4.30pm		J u d o	G o l f			
4.30 to 5pm			S h o t t i n g			
5 to 5.30pm						
5.30 to 6pm						

CCAs conducted outside school:

Judo: JL Sports Consultation Services (King George's Avenue)

Golf: Seletar Driving Range

NOTE: There will be **more practices** when there are competitions, events etc. **Schedule is a guide.**



Thank **Y**ou!

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